

What's on @ Willoughby Park Art & Recreation Centre Term 1 2024



Naremburn Community Centre • Warners Park Community Centre
Artarmon Kids Cottage • West Chatswood Community Space
Castle Cove & Northbridge Community Spaces

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Willoughby Park Centre Conditions of Entry

The well-being of our patrons and staff is our highest priority.

The following conditions of entry will ensure our facility remains safe for all users and form part of the WPC conditions of enrolment.

By entering Willoughby Park Centre you agree to:

- Observe all social distancing and hygiene measures in place within the facility and follow any other reasonable requests by council officers.
- Report any Covid-19 contact to facility management.
- Report a Covid-19 positive diagnosis to facility management.

All NSW Government advice in regard to self isolation/quarantine should be adhered to at all times. Patrons who are unwell, even with minor symptoms, should stay at home and not enter the facility.

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Creative Kids

ArtZone - Primary School

Liz Thorpe

Willoughby Park Centre

Mondays \$210.00
3204 3.45pm – 5.45pm Ages 7yrs+
Feb 5 - Apr 8 (9 weeks)
NB No class Apr 1

Wednesdays \$210.00
3202 4.00pm – 6.00pm Ages 7yrs+
Feb 7 - Apr 3 (9 weeks)

Focus your creative talents and explore different 2D media such as charcoal, ink, pencil and acrylic paint. Students are given endless opportunities to engage with and explore a variety of projects which will build on traditional skills to create contemporary art in many forms. For kids who love to draw and paint.

ArtZone - High School

Liz Thorpe

Willoughby Park Centre

Mondays \$210.00
3205 6.15pm – 8.15pm Ages 12yrs+
Feb 5 - Apr 8 (9 weeks)
NB No class Apr 1

High school students develop and extend their artistic skills in a creative art studio environment. The focus of the class is on developing drawing and painting skills and the application of these skills into a number of media.

Activities and projects aim to allow for individual artistic extension and growth.

For bookings please contact:
Willoughby Park Centre
9967 2917



The graphic features the 'Liz Sips n Strokes CREATIVE KIDS' logo at the top. Below it is the tagline 'Nurturing your child's creativity, away from the screens' and the text 'January 2024 Holidays ART Program Naremburn Community Centre 7 Central St Naremburn'. The central part of the graphic contains three overlapping photographs: one of a young girl smiling, one of a group of children in a classroom, and one of a child painting. A circular logo with 'Creative KIDS' is also present. At the bottom, there is a QR code and the text 'For details & bookings' with an arrow pointing to the QR code, and the website 'sipsnstrokes.com.au'.

Liz Sips n Strokes CREATIVE KIDS
"Nurturing your child's creativity, away from the screens"
January 2024 Holidays ART Program
Naremburn Community Centre 7 Central St Naremburn

For details & bookings 
sipsnstrokes.com.au



Active Kids

Lauren Healey Dance Academy

Willoughby Park Centre

Join our warm community of performers for classes in a wide range of skills, styles and levels! Operating in Willoughby, LHDA offers RAD Ballet, Jazz, Tap, Contemporary, Irish, JFH as well as acrobatics and musical theatre. Please view our 2024 time table and details of enrolling online.



LAUREN HEALEY
DANCE ACADEMY

For bookings and enquiries email:
admin@lhdanceacademy.net
website: www.lhdanceacademy.net

BJP Physie

Willoughby Park Centre



Mondays	5 & 6 years	3.30pm
Mondays	7 & 8 years	4.15pm
Mondays	9 to 12 years	5.00pm
Tuesdays	3 & 4 years	10.30am

Physie is a unique dance sport that incorporates ballet, jazz, floor work and exercise in a structured environment.

Parents will be amazed at how quickly the girls' dance skills, confidence, posture and flexibility develop.

No previous experience is necessary! Enjoy a free trial class.

For bookings and enquiries email:
mosmanphysie@gmail.com
website: www.mosmanphysie.com

Willoughby Park Art & Recreation Centre

Did you know you can have your child's Birthday Party at...

- Artarmon Kids Cottage
- Bales Park Pavillion
- Naremburn Community Centre
- West Chatswood Community Space
- Willoughby Park Centre

Versatile community spaces with fully equipped kitchens.

Bookings Essential
Contact WPC - 9967 2917/willpark@willoughby.nsw.gov.au



Active Kids

Superheroes - The Academy Group Program

Artarmon Kids Cottage

Saturdays

12.00 - 5.00pm

Our Academy group program is an innovated multi-faceted group program designed to empower children with additional needs in years K-2 to use their abilities to help others and create a positive impact in their communities. Over the course of four terms, your child will: build resilience, discover their strengths, learn to contribute as part of a team and develop the mindset to help others.

Contact: info@projectsuperhero.com

Website: <https://projectsuperhero.com>

Willoughby Judo Club - Juniors

Willoughby Park Centre

Thursdays

6.30pm - 7.30pm

Saturdays < 12 yrs

1.00pm - 2.00pm

Willoughby Judo Club has a strong following in the Willoughby and Chatswood area with a large number of junior and seniors attending our classes. Our club members range from 5 years to 65 years old with recreational players and international competitors.

Please contact: Jeff Blows 0404 815 861

www.wjc.asn.au

GKR Karate

Artarmon Kids Cottage

Tuesdays

6.30pm - 7.30pm

7.30pm - 8.30pm

- * Train in a positive environment
- * Build confidence, strength and fitness
- * Transform your mind and body

GKR creates the right environment for our members to train in. Although we promote self defence and fitness, our style also fosters positive values, confidence, discipline, focus and well being. GKR teaches you not only how to punch and kick, it teaches you to be a better person

Karate for Everyone

www.gkrkarate.com

Phone: 0432 298799



Active Kids

Creative Starz Academy

Willoughby Park Centre

Creative Starz is a performing arts school that provides children the opportunity to explore their artistic talents in a safe and supportive environment.

Little Starz

Saturdays Ages 4-6 9.30am - 11.00am

The class is designed to be a fun and engaging introduction to the world of performing arts encompassing singing, dancing and acting. Weekly classes are split into three 30-minute sessions with equal time devoted to each performing art.

Creative Starz

Saturdays Ages 7-14+ 10.00am - 1.00pm

This class runs for 3 hours, with each hour devoted to a different discipline, singing, dancing and acting. The format is designed to provide a comprehensive learning experience that allows students to develop their skills while also having fun.

During the first hour the students will learn a combination of Broadway Jazz, Jazz and Street Dance. The second hour will focus on singing and will cover a range of musical styles. The final hour is devoted to acting, stagecraft and storytelling.

For more information please go to:

www.creativestarz.com.au

Willoughby Park Art & Recreation Centre

Did you know you can hold your exercise classes at...

- Artarmon Kids Cottage
- Castle Cove Community Space
- Bales Park Pavillion
- Naremburn Community Centre
- Willoughby Park Centre
- Warners Park Community Centre
- West Chatswood Community Space

Special rates available for regular hirers.

Bookings Essential
Contact WPC - 9967 2917/willpark@willoughby.nsw.gov.au

Willoughby Park Centre
Your local meeting place!
Sustainable | Inclusive | Connected | Active | Inspiring
Partnerships | Social Events | Service Users

Phone: 9967 2917
Email: willpark@willoughby.nsw.gov.au
http://www.willoughby.nsw.gov.au/Council/Venues/Willoughby_Park_Centre

Health & Wellbeing



NEW exercise classes for 55+

Run by
Physiotherapists

First Class Free
Start Feb 2024
Castle Cove and Hunters Hill

0405 557 100
Give us a call today!

MOVEWELL 2LIVWELL
www.movewell2livewell.com
admin@movewell2livewell.com

ShivFlow Yoga - Shweta Dhawan

Willoughby Park Centre

Fridays

8.30am – 9.30am

This hatha yoga practice aims to create space in the joints, the hips, strengthening the back and shoulders, releasing tension from the whole body.

We breathe and move in a way that awakens the mind and body through the process of gentle release and detoxification. The whole experience cultivates harmony, stillness and clarity leaving you feeling rejuvenated and energised.

For bookings please contact:

Shweta Dhawan 0410 692711
www.shivflowyoga.com

Hatha Yoga

\$164

Miriel Taylor

Willoughby Park Centre

2301 Mondays 9.45am – 11.15am

Feb 5 - Mar 25 (8 weeks)

Increase your flexibility, strength and general wellbeing. Based on Hatha Yoga, the course caters for all levels of experience. Students need to bring a yoga mat. Not recommended in the first trimester of pregnancy.

For bookings please contact:

Willoughby Park Centre
9967 2917



Adult Creative

West Coast Swing

Willoughby Park Centre

Mondays

Beginners: 7-8pm Intermediate: 8-9pm

Modern Swing is a versatile and expressive partner dance that can be enjoyed by people of all ages and skill levels. It is a smooth and flowy dance that is characterized by its improvisational nature. It can be danced to a variety of music genres including blues, R&B and contemporary. Whether you want to learn a new skill, meet new people, or just have fun, Modern Swing Dance is the place for you.

Email: info@modernswingdance.com.au

Website: <https://modernswingdance.com.au/>

Pottery

\$375

Jacqueline McBeath

Willoughby Park Centre

**2103 Fridays 10.00am – 2.00pm
Feb 2 - Apr 12 (10 weeks)**

NB No class Mar 29

Become skilled in turning, working by hand, glaze technology, wheelwork and decorative techniques. Beginners and advanced students welcome. Emphasis is on developing individual style where all students will be mentored through their project of choice. Price includes firing and most glazes plus one bag of clay.

**For bookings please contact:
Willoughby Park Centre**

Ceramic Sculpture

\$450

Jacqueline McBeath

Willoughby Park Centre

**2102 Thursdays 10.00am – 3.00pm
Feb 1 - Apr 4 (10 weeks)**

A course designed to allow students to explore their own ideas with the support and mentoring of an experienced ceramicist.

A contemporary approach to sculptural handbuilding as an art medium including skill development, experimentation with clay surface treatments and glaze application. Price includes firing and most glazes plus one bag of clay.



Who's Meeting?

Bales Park Playgroup

Wednesdays

9.30am – 11.30am

Contact: Adelina Gomes

Email: adelinagomes83@gmail.com

Bales Park Pavillion

Autism Community Network

First Sunday in the month

1.00pm – 5.00pm

Contact: Mr Bernardo Vizcaino

Email: Bernardo.Vizcaino@acnaustralia.org.au

org.au

Artarmon Kids Cottage

Integricare Supported Playgroup

Thursdays

10.00am – 12.00pm

Louise: 9410 0174

Artarmon Kids Cottage

CatholicCare Supported Playgroup

Tuesdays

10.00am – 12.00pm

1800 324924

Artarmon Kids Cottage

Italian Senior Citizens of Willoughby

Wednesdays

9.00am – 12.00pm

Contact: Anna Lopresti

Phone: 0401 111006

Willoughby Park Centre

Northbridge Quilters

1st & 3rd Tuesdays of the month

9.30am – 2.30pm

Willoughby Park Centre



Who's Meeting?

Shindo Muso Ryu Jodo Ass NSW

Saturdays 8.00am – 10.00am

Contact: Michael Yates

Email: michael@moppel.com.au

Contact: Andrew Poulos

Email: andrew@apixel.com

Website: www.jodo.org.au

Willoughby Park Centre

Willoughby Judo Club

Saturdays 1.00pm – 5.00pm

Thursdays 6.30pm – 9.30pm

Willoughby Judo Club - Juniors

Thursdays 6.30pm - 7.30pm

Saturdays < 12 yrs 1.00pm - 2.00pm

Contact: Jeff Blows

Phone: 0404 815 861

Website: www.wjc.asn.au

Willoughby Park Centre

Willoughby Table Tennis Club

Fridays 7.30pm – 10.00pm

Contact: Clement Siu Ph: 0405 380 663

Joe Lee 0411 830 986

Syd Birchall 0415 032 131

Willoughby Park Centre

Sydney Kendo Club

Wednesdays 7.30pm – 9.00pm

Saturdays 10.00am – 12.30pm

Email: president@sydneykendoclub.org

<http://www.sydneykendoclub.org>

Willoughby Park Centre



Teaching a class? Need a place to meet?

Willoughby City Council has a range of modern, spacious and well equipped venues available for community hire.

Venues suitable for:

- Meetings
- Workshops
- Conferences
- Active classes
- Children's Birthday Parties
- Social functions

*For all hiring enquiries please contact Willoughby Park Centre - 9967 2917 willpark@willoughby.nsw.gov.au
Or visit our website for further details <https://www.willoughby.nsw.gov.au/Council/Venues>*

Terms of Enrolment

Enrolment in a course indicates acceptance of the terms and conditions below. Willoughby City Council Centres reserve the right to change advertised course details if required. The Centre also reserves the right to refuse any enrolment if the terms of enrolment are not accepted.

Enrolments - Term enrolments close Friday January 25th 2024. Courses that don't meet minimum numbers by this date may be cancelled. In the event of a course cancellation, at least 24 hours notice will be given and you will be issued with a full refund. Enrolments are confirmed upon submission of enrolment form with full payment. WPC does not provide written confirmation. Enrolments are accepted on a first in, first served basis. Receipts are available from the administration office upon request.

Payment - Payment by credit card, eftpos, or cheque. Additional fees and charges may apply. Please refer to Willoughby City Council Fees and Charges 2023/2024. GST included as applicable.

Concessions - 10% for Pensioners and Health Care cardholders. 5% for Seniors and Tertiary students. To receive concession please show card and enter number on enrolment form.

Refunds - Please choose your course carefully. We do not give refunds for change of mind or personal circumstances. A refund may be considered if you provide a written request at least five working days before class commencement.

Cancellations - Should WPC management need to cancel a class for any reason, you will be advised of a replacement class date. If WPC management does not provide a replacement class you will be issued with a refund.

Indemnity - Students/Parent/Carer of Students of Centres indemnify Willoughby City Council against responsibility for accident, loss or injury suffered during the course of the activity. Students/Parent/Carer of Students also authorise the obtaining of medical assistance as required and agree to meet any expense incurred.

Public Holidays - The Centre is closed on Public Holidays. Should your class fall on a public holiday, you will be advised of a replacement class date.

Risk Warning - Participation in some activities at the Centres may present a level of risk. Patrons participate at their own risk and are responsible for their own safety. Council officers reserve the right to refuse enrolment if they believe that patrons are placing themselves at an unacceptable level of risk.

Permission to Film/Photograph - Enrolment in a course indicates consent for Council staff to photograph/film students during activities/courses that they are participating in at the centre for the purpose of publicity or promotion.

Medical/Special Needs - If a student has specific needs or a disability, please provide the Centre with a copy of accurate medical details in writing. If requested by Council officers, some active courses may require a medical check-up or a doctor's certificate before participation. Centre staff are not trained in the use of EpiPens for children who suffer from anaphylaxis and therefore cannot administer adrenalin in the event of an emergency. Parents of children with severe allergies who suffer from anaphylaxis are advised to remain at the Centre with their children.

Permission to leave Classroom - Enrolment in a at

Willoughby Park Centre indicates consent for children to be taken by staff to the Willoughby Park playground during breaks and lunchtime. Children will remain supervised at all times.

Late collection of children - Please ensure children are picked up on time, and that accurate contact numbers are provided. In the event that you may be delayed please contact the office on 9967 2917 during office hours.

Privacy Clause - In compliance with the Privacy and Personal Information Protection Act 1998 personal details may be released to teachers for out of hours contact in the event of changes to courses or in the event of an emergency.

Important information for Children's Active Courses - All children must be accompanied to and from class by a parent/carer. No child may be left unattended on the Centre premises if they are not enrolled in a class. Active participation by parent/carer required for some classes. This means that children must remain supervised by parent/carer for the duration of each class. Students must enrol in the class that is appropriate for their age. Siblings may enrol in classes, providing they are within the designated age bracket. Parents are welcome to attend classes, however, any siblings of walking age attending classes must be enrolled.

Important information for all Adult Pottery Courses - 1 bag of clay, most glazes and firing costs all inclusive with course fees. Willoughby Park Centre does not accept responsibility for breakages during the firing process. Please be aware the glazing and firing process takes several weeks and pottery will need to be collected at a later date.